

Curriculum Vitae
Cody J. Robinson
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Education

Undergraduate Education: Jacksonville State University
BS in Exercise Science and Wellness, 2007

Graduate Education: California University of Pennsylvania
MS in Exercise Science and Health Promotion, 2009
Concentration: Sport Psychology

University of Alabama at Birmingham
PhD in Health Education & Health Promotion, Current
Department of Health Behavior

Research Information

Publications

1. **Robinson, C.J.**, Martinez, J., Cherrington, A., Barbara, B., Boye, B., & Pekmezi, D. (2011). Impact of Acculturation on Physical Activity and Dietary Behaviors in Latinos. In T. Johnson, *Acculturation: Implications for Individuals, Families and Societies*. Hauppauge, New York: Nova Science Publishers, Inc.
2. Linke, S., **Robinson, C.**, Pekmezi, D. (in press). Applying Psychological Theories to Promote Healthy Lifestyles. *American Journal of Lifestyle Medicine*.
3. Kiage, J., Merrill, P., **Robinson, C.**, Cao, Y., Malik, T., Hundley, B...Kabagambe, E. (in press). Trans fat intake and all-cause mortality in the REasons for Geographical and Racial Differences in Stroke (REGARDS) cohort. *American Journal of Clinical Nutrition*.
4. Pekmezi, D., Marcus, B., Meneses, K., Baskin, M., Ard, J., Martin, M., Adams, N., **Robinson, C.** & Demark-Wahnefried, W. Developing an intervention to address physical activity barriers for African American women in the Deep South. *Women's Health*.
5. Pekmezi, D., **Robinson, C.**, Adams, N., Martin, M., Marcus, B., & Demark-Wahnefried, W. (2012). Developing a theory-based intervention to address physical activity barriers for African American women in the Deep South. *Annals of Behavioral Medicine*, 43(Suppl.1), s152). * Paper presented at the Society of Behavioral Medicine's 33rd Annual Meeting, New Orleans, LA.

Abstracts

“Developing an intervention to address physical activity (PA) barriers for African American women in the Deep South: A 1-Month Trial”

Presented at: University of Alabama at Birmingham
4th Annual Public Health Research Day, 2012

University of Alabama at Birmingham
Minority Health Disparities Center Research Day, 2012

Authors: **Cody Robinson, MS**; Natasia Adams, MPH; Wendy Demark-Wahnefried, PhD; Bess Marcus, PhD; & Dori Pekmezi, PhD.

“Barriers/Facilitators to Physical Activity for African American Women in the Deep South”

Presented at: University of Alabama at Birmingham
3rd Annual Public Health Research Day, 2011

University of Alabama at Birmingham
Minority Health Disparities Center Research Day, 2011

Authors: Natasia Adams, B.S., Tammi Floyd, M.S., Claudia Hardy, MPA, **Cody Robinson, M.S.**, Jamy Ard, MD, Michelle Martin, PhD., Monica Baskin, PhD., Kate Morrow, PhD., Bess Marcus, PhD., Karen Meneses, PhD., Wendy Demark-Wahnefried, PhD., & Dori Pekmezi, PhD.

Teaching Experience

University of Alabama at Birmingham, Adjunct Professor, 2012-2013
PE 115 – Introduction to Weight Training

University of Alabama at Birmingham, Guest Lecturer, 2013
Course: NTR 579/NTR 779 – Obesity in the 21st Century
Lecture: “Environmental Changes Promoting Active Living”

University of Alabama at Birmingham, Guest Lecturer, 2011
Course: HB 600 – Introduction to Health Behavior
Lecture: “Self Efficacy and Self Management in Individuals with Type 2 Diabetes”

University of Alabama at Birmingham, Co-Lecturer, Fall Term, 2011
Course: HB 605 – Physical Activity and Public Health Seminar
Developed lectures from current literature pertinent to course content. Assisted in lectures and grading class projects.

National Scientific Participation

Journal Co-Reviewer: American Diabetes Association
AAPHERD
Journal of Obesity

Professional Societies

Eta Sigma Gamma, Beta Chi Chapter
Society of Behavioral Medicine
American College of Sports Medicine
National Strength & Conditioning Association
National Physical Activity Society

Certifications

NSCA – Certified Personal Trainer
(National Strength and Conditioning Association)

ARC – Certified in CPR and AED use (American Red Cross)

Related Work Experience

Current

University of Alabama at Birmingham, Research Assistant, Webstep Phase III,
Supervisor: Nefertiti Durant, MD, PhD, Birmingham, AL, 2011-Present

University of Alabama at Birmingham, Physical Activity Consultant,
Minority Health Research Center: *HealthSmart*
Supervisor: Mona Fouad, MD, MPH, Birmingham, AL, 2010- Present

University of Alabama at Birmingham, Personal Trainer, Campus Rec Center,
Supervisor: Sarah Andreski, MS, Birmingham, AL, 2008-present

Previous

University of Alabama at Birmingham, Research Assistant, Move It! Study,
Supervisor: Dori Pekmezi, PhD, Birmingham, AL, 2010-2011

University of Alabama at Birmingham, Strength & Conditioning Coach,
Supervisor: Stacey Torman, MS, Birmingham, AL, 2008-2010

Performance Testing Institute, Sport Physiologist,
Supervisor: A.J. Brigati, PhD, Birmingham, AL, 2008-2009

Harbin Clinic Vitality Center, Exercise Physiologist,
Supervisor: Josh Whitman, Rome, GA, 2007-2008

Service Activities

The Kirklin Clinic, Chronic Kidney Disease Unit
Development of evaluation tool for "Options Course" – Spring 2012

American College of Sports Medicine
Review of new fitness assessment tool – Summer 2012

University of Alabama at Birmingham, Dept. of Strength and Conditioning
UAB Athletics, Women's Tennis Team – 2012 – 2013 Season

Chateau Vestavia Assisted Living, Birmingham, AL
Assisted in Weekly Exercise classes for residents – Fall 2011

Professional References

Dori Pekmezi, PhD
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1665 University Boulevard
Email: dpekmezi@uab.edu
Phone: 205-975-8061

University of Alabama at Birmingham
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Dept of Health Behavior

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Jacksonville State University
Health, Phys Ed, and Dance